

**PREHOSPITAL MEDICAL CARE DIRECTIVE (DO NOT RESUSCITATE)**  
**(IMPORTANT—THIS DOCUMENT MUST BE ON PAPER WITH ORANGE BACKGROUND)**

**GENERAL INFORMATION AND INSTRUCTIONS:** A Prehospital Medical Care Directive is a document signed by you and your doctor that informs emergency medical technicians (EMTs) or hospital emergency personnel not to resuscitate you. Sometimes this is called a DNR – Do Not Resuscitate. If you have this form, EMTs and other emergency personnel will not use equipment, drugs, or devices to restart your heart or breathing, but they will not withhold medical interventions that are necessary to provide comfort care or to alleviate pain. **IMPORTANT:** Under Arizona law a Prehospital Medical Care Directive or DNR must be on letter sized paper or wallet sized paper on an orange background to be valid.

You can either attach a picture to this form, or complete the personal information. You must also complete the form and sign it in front of a witness. Your health care provider and your witness must sign this form.

**1. My Directive and MySignature:**

**In the event of cardiac or respiratory arrest, I refuse any resuscitation measures including cardiac compression, endotracheal intubation and other advanced airway management, artificial ventilation, defibrillation, administration of advanced cardiac life support drugs and related emergency medical procedures.**

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Patient's Printed Name: \_\_\_\_\_

**PROVIDE THE FOLLOWING INFORMATION:**

**OR**

**ATTACH RECENT PHOTOGRAPH HERE:**

My Date of Birth

My Sex

My Race

My Eye Color

My Hair Color

**2. Information About My Doctor and Hospice (if I am in Hospice):**

Physician: \_\_\_\_\_ Telephone: \_\_\_\_\_

Hospice Program, if applicable (name): \_\_\_\_\_

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**3. Signature of Doctor or Other Health Care Provider:**

I have explained this form and its consequences to the signer and obtained assurance that the signer understands that death may result from any refused care listed above.

Signature of a Licensed Health Care Provider: \_\_\_\_\_ Date: \_\_\_\_\_

**4. Signature of Witness to MyDirective:**

**NOTE:** At least one adult witness OR a Notary Public must witness the signing of this document. The witness or Notary Public CANNOT be anyone who is: (a) under the age of 18; (b) related to you by blood, adoption, or marriage; (c) entitled to any part of your estate; (d) appointed as your representative; or (e) involved in providing your health care at the time this form is signed.

I was present when this form was signed (or marked). The patient then appeared to be of sound mind and free from duress.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_